

**Friend2Friend: 3rd ANNUAL
"ALEXA'S THUNDER RUN" 1/2 MARATHON TRAIL RUN
SUNDAY NOVEMBER 4th, 2012**

**The Perfect Antidote to the N.Y.C. Marathon Lottery Blues!
ALL PROCEEDS BENEFIT F2F "FREE" DIGITAL MAMMOGRAM PROGRAM**

**LOCATION:: KITTATINNY VALLEY STATE PARK
199 GOODALE ROAD, NEWTON, NJ 07860
CHECK IN: 7:30 am Pre-Reg: \$40 Deadline 10/20
RACE TIME: 9 am Post Reg: \$45 10/21 thru 11/4**

**COMPUTERIZED TIMING by AL SIUTA of RACING NJ
CASH AWARDS + TROPHIES :: TOP 3 M/F \$125/\$100/\$75
MEDALS:: TOP 3 M/F in 5 yr. AGE GROUPS: 15-19, 20-24, 25-29 etc.
AMENITIES: COLOR TECH SHIRTS to 1st 100 PRE-REGISTRANTS + GOODY BAGS**

**Xtra Shirts + Goody bags while supplies last
FEATURING: HOMEMADE SOUP/PASTA/FRESH BREAD/HEALTH BARS/BOTTLED H2O
BAND "RENO" IS IN THE HOUSE!! Check website for Accommodations**

**ONLINE REGISTRATION: www.active.com/thunderrun
www.friend2friendscwf.org**

Download apps at: www.friend2friendscwf.org

RACE RESULTS POSTED: www.friend2friendscwf.org / www.racingnj.com

COURSE DETAILS+MAPS/Download apps: www.friend2friendscwf.org

RACE CONTACT:: MARE @ 973. 919.1373 EMAIL: friend2friendmg@yahoo.com

COURSE MAPS + Trail Condition Updates:: www.friend2friendscwf.org

1/2 MARATHON THUNDER RUN ENTRY FORM

Checks made payable to "F2F" @ 37 Cambridge Rd. Lafayette, NJ 07848

NAME _____ **Age** _____ **DOB** _____ **M** _____ **F** _____

Address _____ **City** _____ **ST** _____ **z.c.** _____

Phone# _____ **TS: S** _____ **M** _____ **L** _____ **XL** _____ **BIBB#** _____

EMAIL (PRINT CLEARLY) _____

Waiver>>>In consideration of your accepting this entry, I the undersigned, intending to be legally sound, hereby, for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against the sponsoring organization, SCWF Friend2Friend, Kittatinny Valley State Park, and Andover Township, their representatives, successors, agents, servants or employees, and assignees for any and all injuries suffered by me in said event. I hereby assume all rights in connection with participation in said run and do not expect to receive any aid, assistance, direction or any other duty or obligation from the officials or agents.

SIGNATURE _____ **DATE** _____

(PARENT/GUARDIAN SIGNATURE IF ATHLETE IS UNDER 18)